

# DIGITAL RESOURCE GUIDE LEARNING

## MedlinePlus



The screenshot shows the MedlinePlus website interface. At the top, there is a blue header with the NIH logo and the text "National Library of Medicine". Below this is the MedlinePlus logo and tagline "Trusted Health Information for You". A search bar is located on the right side of the header, with a "GO" button. Below the search bar are links for "About MedlinePlus", "What's New", "Site Map", and "Customer Support". A navigation menu is located below the search bar, with links for "Health Topics", "Drugs & Supplements", "Genetics", "Medical Tests", "Videos & Tools", and "Español". Below the navigation menu is a "COVID-19" section with links for "COVID.gov", "NIH research information", "Español", and "NIH staff guidance (NIH Only)". On the left side of the COVID-19 section, there are three green boxes with icons and text: "Health Topics" (apple icon) with the text "Find information on health, wellness, disorders and conditions"; "Drugs & Supplements" (pill icon) with the text "Learn about prescription drugs, over-the-counter medicines, herbs, and supplements"; and "Genetics" (DNA helix icon) with the text "Learn about the science of genes and heredity". On the right side of the COVID-19 section, there is a "Share MedlinePlus" button with social media icons for email, Facebook, Twitter, and Pinterest. Below the social media icons is a photograph of a woman sitting on a couch, looking out a window. To the right of the photograph is a text box that reads: "Many people get better within a few days or weeks after having COVID-19, but others have Post-COVID Conditions (Long COVID)."



National Library of Medicine



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# What is MedlinePlus

MedlinePlus is an online health information resource for patients and their families and friends. It is a service of the world's largest medical library the National Library of Medicine which is a part of the U.S. National Institutes of Health.

Medline Plus presents high-quality, relevant health and wellness information from trusted sources in a way that is easy to understand and free from advertising. These resources are available on any device at any time for free, no account required.

## How to access Medline Plus

1. Go to the library's website, [lincolnwoodlibrary.org](http://lincolnwoodlibrary.org)
2. Hover over Resources. Select **Resource Quick Links**.
3. Select **View Resource** to the right of Medline Plus.

Or, you can manually go to [medlineplus.gov](http://medlineplus.gov) on any device.

## MedlinePlus homepage

The MedlinePlus homepage has shortcuts to medical resources to get you started.

- **Search menu** – Enter this text box, type a search, and select **GO** to see related resources of all types.
- **Menu bar** – Choose **Health Topics, Drugs & Supplements, Genetics, Medical Tests, or Videos & Tools** to start browsing for information. These sections have two links on the homepage. Either takes you to the same information.
- **Highlighted resources** – MedlinePlus highlights information like vaccine updates and its Twitter feed on its homepage.
- **Other sections** – Select **Easy-to-Read Health Information, Organizations and Directories, or Health Information in Multiple languages** to view quick articles on certain health topics a, list of medical organizations and links to directories of health professionals along with the Easy-to-Read Health Information in multiple languages.

- Select Read the **latest issue** for the MedlinePlus Magazine.
- Select the **ClinicalTrials.gov** link to go to that government website to find information on treatments in development.

GO

## Search

Enter your keyword search in the text box at the upper right of the Medline Plus homepage and select **GO**. The results come from sites like the National Library of Medicine, Medline Plus' Medical Encyclopedia, and verified private health organizations like the American Red Cross and the American Society of Health-System Pharmacists.

Results pages allow you to **Refine by Type** of result and to **Refine by Format**. Format refining limits results to those that eventually lead to printable PDF documents, images like diagrams, and playable videos. Select options to refine by Type or Format, and then select any of the numbered links to start learning.

## Health Topics

The Health Topics section organizes topics A-Z and also by Body Location/Systems, disorders and conditions, diagnosis and therapy, demographic groups, and health and wellness.

Browsing and selecting from these topics allows you to narrow down to more specific information. Pages include links to additional resources organized in various sections along with summaries. To go back, use your standard browser ← button.

### Find topics A-Z

A B C D E F G H I J K L M N O P Q R S T U V W XYZ List of All Topics

#### Body Location/Systems

-  Blood, Heart and Circulation
-  Bones, Joints and Muscles
-  Brain and Nerves
-  Digestive System

#### Disorders and Conditions

- Cancers
- Diabetes Mellitus
- Genetics/Birth Defects
- Infections
- Injuries and Wounds

#### Demographic Groups

- Children and Teenagers
- Men
- Older Adults
- Population Groups
- Women

For more detailed instruction, book a one-on-one session with a librarian. Registration requires a Lincolnwood Library Card. For scheduling, contact Adult Services at (224) 233-1841.

# Drugs & Supplements

Use this page to browse drugs, herbs, and supplements by their generic (acetaminophen) or brand name (Tylenol). It links to the National Institutes of Health DailyMed site for information on drug package labels. [dailymed.nlm.nih.gov/dailymed/](http://dailymed.nlm.nih.gov/dailymed/)

Drug pages vary but may have information including:

- official pronunciations, brand names, other names
- when they should be prescribed, used, and precautions
- dietary restrictions, if you forget a dose, and side effects
- storage and disposal
- emergency/overdose

## Acetaminophen

pronounced as (a set a mee' noe fen)

Why is this medication prescribed?

How should this medicine be used?

Other uses for this medicine

What special precautions should I follow?

What special dietary instructions should I follow?

What should I do if I forget a dose?

What side effects can this medication cause?

What should I know about storage and disposal of this medication?

In case of emergency/overdose

What other information should I know?

Brand names

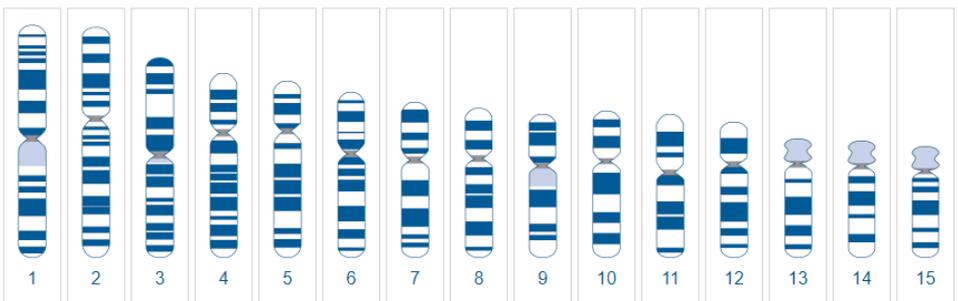
Brand names of combination products

Other names

# Genetics

This section has pages listing genetic condition and specific genes along with a Help Me Understand Genetics guide and Chromosomes and mtDNA diagrams and explanations. You can also find disorders, testing, and newborn screening information.

Information about specific chromosomes



# Easy-to-Read Health Information

Scroll to the bottom left of [medlineplus.gov](https://medlineplus.gov) to find this link. Like on other pages, use the alphabetical index to browse through the topics of their accessible articles on topics ranging from acne to arthritis, cancer, diabetes, vaccines, and more.

Go to: [A](#) [B](#) [C](#) [D](#) [E](#) [F](#) [G](#) [H](#) [I](#) [J](#) [K](#) [L](#) [M](#) [N](#) [O](#) [P](#) [Q](#) [R](#) [S](#) [T](#) [U](#) [V](#) [W](#) [XYZ](#)

A

## Acne

- [What Is Acne?](#)  (National Institute of Arthritis and Musculoskeletal and Skin Diseases)  
Also in [Spanish](#)

Select titles to read articles

## Alcohol

- [Harmful Interactions: Mixing Alcohol with Medicines](#)  (National Institute on Alcohol Abuse and Alcoholism)  
Also in [Spanish](#)
- [Understanding the Dangers of Alcohol Overdose](#)  (National Institute on Alcohol Abuse and Alcoholism)  
Also in [Spanish](#)

## Health Information in Multiple Languages

Select the Medline Plus logo to go back to the homepage and select **Health Information in Multiple Languages**. Select a language from the

list to see all of the easy-to-read articles available in that language. There are many available

languages including Arabic, Chinese, Farsi, Hindi, Polish, Spanish, Yiddish and more. Look for the name of the language in listings to make sure you're reading titles in the language you want.

## Acne

- [What Is Acne? - English HTML](#)
  - [What Is Acne? - español \(Spanish\) HTML](#) 
- National Institute of Arthritis and Musculoskeletal and Skin Diseases

## Organizations and Directories

From the homepage select either of these links to see MedlinePlus' curated lists of:

- Organizations whose info is used on Medline topic pages, and
- Directories of health libraries, health professionals, services, and facilities.

For more detailed instruction, book a one-on-one session with a librarian. Registration requires a Lincolnwood Library Card. For scheduling, contact Adult Services at (224) 233-1841.

The lists on the organizations and directories pages are in alphabetical order and link to both government organizations and private organizations like the American Heart Association and the Academy of General Dentistry Find a Dentist page.

## Libraries

[Find a Library](#)

## Doctors and Dentists--General

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[AMA Physician Select: Online Doctor Finder](#) (American Medical Association)

[DocInfo](#) (Federation of State Medical Boards of the United States)

[Find a Dentist](#) (Academy of General Dentistry)

[Medicare: Physician Compare](#) (Centers for Medicare & Medicaid Services)

Links from the Organizations and Directories pages (and many MedlinePlus pages in general) open up in new tabs in browsers. You may have to manually go back to MedlinePlus to do more research after viewing a resource it links to.

## Medical Tests

The Medical Tests page provides information on what various medical tests are for, why doctors might order a certain test, how it will feel, and what you can learn from results. Tests detect conditions, help in diagnosing diseases, provide information for making treatment decisions or to change treatments, and monitor conditions over time.

Like other MedlinePlus pages, Medical Tests has an index and lists medical tests it has information about in alphabetical order. You can also go to more information specifically on blood count tests, genetic testing, kidney tests, prenatal testing, thyroid tests, urinalysis, and more from the [medlineplus.gov/lab-tests/](https://medlineplus.gov/lab-tests/) page.

# Videos & Tools

Click through any of these sections to find more videos to play.

- **Health Videos** – anatomy, body systems, diseases/conditions.
- **MedlinePlus Videos** – animated video explainers.
- **Health Check Tools** – various calculators, quizzes, and questionnaires to see your risk for certain diseases, evaluate body mass index, and more.
- **Games** – health games for kids and adults from government and private sources

You can also specifically search only videos by using this sections' specific search tool. Beneath the search tool are links to tutorials on **Understanding Medical Words** and **Evaluating Health Information**.



## Health Videos

View videos of anatomy and body systems and how diseases and conditions affect them.



## MedlinePlus Videos

View animated videos that explain topics in health and medicine.



## Health Check Tools

Check your health with interactive calculators, quizzes and questionnaires.



## Games

Boost your health knowledge by playing interactive health games.

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Reports™

Check out Consumer  
Reports to help you  
evaluate product safety!

